



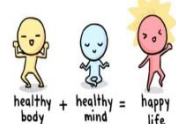




# Passport 2021-2022

Travel around each zone and complete as many challenges as you can.  
 Share your challenges with your class teacher and once you have  
 achieved all the challenges in each zone, you will earn a Zone badge!  
 See if you can complete the whole Passport!

<p style="text-align: center;"><b>Let's get creative!</b></p> <ul style="list-style-type: none"> <li>• Create a piece of art in the style of an Artist of your choice _____</li> <li>• Create a model, sculpture or artwork which represents you _____</li> <li>• Learn a song in sign language _____</li> <li>• Create a dance routine or gymnastics routine _____</li> <li>• What impressions can you do? _____</li> </ul> 	<p style="text-align: center;"><b>You are special!</b></p> <ul style="list-style-type: none"> <li>• Make a picture or collage of all things special to you _____</li> <li>• Set yourself a goal and how you will work towards it _____</li> <li>• Write an acrostic poem about yourself _____</li> <li>• Compliment yourself by writing down 3 things that makes you amazing! _____</li> <li>• Draw a picture of you in the future _____</li> </ul> 
<p style="text-align: center;"><b>Let's get cooking!</b></p> <ul style="list-style-type: none"> <li>• Learn to cook or bake something new _____</li> <li>• Help your family to cook the dinner _____</li> <li>• Help with planning the food shop or unpacking the food _____</li> <li>• Bake a cake or biscuits to make someone smile _____</li> <li>• Research your favourite food and where it came from _____</li> </ul> 	<p style="text-align: center;"><b>Take time to reflect (Spirituality)</b></p> <ul style="list-style-type: none"> <li>• When do you feel at peace? Draw a picture to show this _____</li> <li>• Write a prayer. Perhaps you could share this with God _____</li> <li>• Read a Bible story. What does it teach you? _____</li> <li>• Take a peaceful moment. Sit quietly for 5 minutes. How does it make you feel? _____</li> <li>• Watch a sunset or sunrise, how does it make you feel? _____</li> </ul> 
<p style="text-align: center;"><b>Healthy body, healthy mind!</b></p> <ul style="list-style-type: none"> <li>• How many throws and catches can you do in 2 minutes? _____</li> <li>• Learn or try a new sport or physical activity _____</li> <li>• Try a new vegetable or piece of fruit. What was it like? _____</li> <li>• Create a list of instructions on how to be healthy _____</li> <li>• Go for a walk and get moving! _____</li> </ul> 	<p style="text-align: center;"><b>Predicting and testing! (Science and Technology)</b></p> <ul style="list-style-type: none"> <li>• Research a scientific concept of your choice _____</li> <li>• How is technology important? Explain _____</li> <li>• Compare the technology your parents or grandparents used to the technology you use _____</li> <li>• Sort 10 objects into groups. These could be hard or soft, or even waterproof and not waterproof _____</li> <li>• Draw a picture of a food chain _____</li> </ul> 
<p style="text-align: center;"><b>What a wonderful world!</b></p> <ul style="list-style-type: none"> <li>• Collect some fallen leaves and create a nature picture _____</li> <li>• Make an insect hotel _____</li> <li>• Complete a bird watch, either in your garden, at the park or on a walk _____</li> <li>• Research or draw a picture one of the Wonders of the World _____</li> <li>• Paint a stone and leave it to be found by someone on a walk _____</li> </ul> 	<p style="text-align: center;"><b>Taking care of each other!</b></p> <ul style="list-style-type: none"> <li>• Help a friend, neighbour or family member _____</li> <li>• Complete a litter pick or beach clear up (with gloves!) _____</li> <li>• Write a letter to a grandparent or elderly relative _____</li> <li>• Check in with someone and make them smile _____</li> <li>• Offer to help someone, perhaps with a chore _____</li> </ul> 