

Weekly Menu: Bulphan Spring Summer Menu 23 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Pork Sausages	Sweet & Sour Chicken	Roast chicken	Cheese & Tomato Pizza	Breaded Lemon Fish Bites
Salmon Fingers	Rice	Roast Quorn Fillet	Meat Free Sausage Roll	Vegetable Fingers
Mash Potatoes	Tomato Vegetable pasta bake	Roast Potatoes	Potato Wedges	Chips
Gravy	Jacket Potato with a Choice of Filling	Yorkshire Pudding	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Jacket Potato with a Choice of Filling	Tuna Mayo	Gravy	Tuna Mayo	Tuna Mayo
Tuna Mayo	Cheese	Jacket Potato with a Choice of Filling	Cheese	Cheese
Cheese		Tuna Mayo		
		Cheese		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Peas	Sweetcorn	Fresh Carrots	Sweetcorn	Peas
Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert	Dessert	Dessert	Dessert	Dessert
Ice Cream	Lemon Drizzle Cake	Fruit Jelly	Ice Cream Roll	Apple crumble cake
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Custard
Cheese (dessert)	Cheese (dessert)	Cheese (dessert)	Cheese (dessert)	Cream crackers
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Cheese (dessert)
Butter portions	Butter portions	Butter portions	Butter portions	Yoghurt

Monday	Tuesday	Wednesday	Thursday	Friday
Bread	Bread	Bread	Bread	Butter portions
				Bread

Allergens

Pork Sausages: **Cereals containing gluten, Soya**; Salmon Fingers: **Fish**; Mash Potatoes: **No allergens**; Gravy: **No allergens**; Jacket Potato with a Choice of Filling: **No allergens**; Tuna Mayo: **Eggs, Fish**; Cheese: **Milk**; Peas: **No allergens**; Baked Beans: **No allergens**; Seasonal Salad Bar: **No allergens**; Fresh Fruit: **No allergens**; Ice Cream: **Milk**; Cream crackers: **Cereals containing gluten**; Cheese (dessert): **Milk**; Yoghurt: **Milk**; Butter portions: **Milk**; Bread: **Cereals containing gluten, Soya**; Sweet & Sour Chicken: **No allergens**; Rice: **No allergens**; Tomato Vegetable pasta bake: **Celery, Cereals containing gluten**; Sweetcorn: **No allergens**; Lemon Drizzle Cake: **Cereals containing gluten, Eggs**; Roast chicken: **Celery**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Fresh Carrots: **No allergens**; Fruit Jelly: **No allergens**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Meat Free Sausage Roll: **Cereals containing gluten**; Potato Wedges: **No allergens**; Ice Cream Roll: **Cereals containing gluten, Eggs, Milk, Soya**; Breaded Lemon Fish Bites: **Fish**; Vegetable Fingers: **Cereals containing gluten**; Chips: **No allergens**; Apple crumble cake: **Cereals containing gluten, Eggs**; Custard: **Milk**