

Weekly Menu: Bulphan Spring Summer Menu 23 week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Pork sausage Hot Dog	Chicken burger	Roast Gammon	Cheese & Tomato Pizza	Fish Fingers
Herby Diced Potatoes	Quorn Burger	Roast Quorn Fillet	Quorn Dippers	Chips
Macaroni Cheese	Potato Crispers	Roast Potatoes	Potato Wedges	Tomato Vegetable pasta bake
Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Yorkshire Pudding	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Cheese	Tuna Mayo	Gravy	Tuna Mayo	Tuna Mayo
Tuna Mayo	Cheese	Jacket Potato with a Choice of Filling	Cheese	Cheese
		Tuna Mayo		
		Cheese		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Sweetcorn	Seasonal Salad Bar	Fresh Carrots	Sweetcorn	Peas
Seasonal Salad Bar	Baked Beans	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
Baked Beans	Fresh Fruit	Baked Beans	Baked Beans	Baked Beans
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert	Dessert	Dessert	Dessert	Dessert
Fruit Smoothie	Cocoa Sponge	Fruit Jelly	Lemon Shortbread	Banana Muffin
Butter portions	Cocoa sauce	Butter portions	Butter portions	Butter portions
Bread	Butter portions	Bread	Bread	Bread
Yoghurt	Bread	Yoghurt	Yoghurt	Yoghurt
Cream crackers	Yoghurt	Cream crackers	Cream crackers	Cream crackers

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese (dessert)	Cream crackers	Cheese (dessert)	Cheese (dessert)	Cheese (dessert)
	Cheese (dessert)			

Allergens

Pork sausage Hot Dog: **Cereals containing gluten, Sesame seeds, Soya**; Herby Diced Potatoes: **No allergens**; Macaroni Cheese: **Celery, Cereals containing gluten, Milk, Mustard**; Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Sweetcorn: **No allergens**; Baked Beans: **No allergens**; Fresh Fruit: **No allergens**; Fruit Smoothie: **No allergens**; Butter portions: **Milk**; Bread: **Cereals containing gluten, Soya**; Yoghurt: **Milk**; Cream crackers: **Cereals containing gluten**; Cheese (dessert): **Milk**; Chicken burger: **Cereals containing gluten**; Quorn Burger: **Cereals containing gluten, Eggs, Milk**; Cocoa Sponge: **Cereals containing gluten, Eggs**; Cocoa sauce: **Milk**; Roast Gammon: **No allergens**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Gravy: **No allergens**; Fresh Carrots: **No allergens**; Fruit Jelly: **No allergens**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Quorn Dippers: **Cereals containing gluten**; Lemon Shortbread: **Cereals containing gluten**; Fish Fingers: **Cereals containing gluten, Fish**; Chips: **No allergens**; Tomato Vegetable pasta bake: **Celery, Cereals containing gluten**; Peas: **No allergens**; Banana Muffin: **Cereals containing gluten, Eggs, Milk**