

Weekly Menu: Bulphan Spring Summer Menu 23 week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Beef Bolognese bake	BBQ Chicken	Roast chicken	Cheese & Tomato Pizza	Fish Fingers
Quorn Vegan Balls In a tomato Sauce	Quorn Vegetable Curry	Roast Quorn Fillet	Quorn Dippers	Chips
Pasta	Rice	Roast Potatoes	Potato Wedges	Cheese and Red Onion Quiche
Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Yorkshire Pudding	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Cheese	Cheese	Gravy	Cheese	Cheese
Tuna Mayo	Tuna Mayo	Jacket Potato with a Choice of Filling	Tuna Mayo	Tuna Mayo
		Cheese		
		Tuna Mayo		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Peas	Green Beans	Fresh Broccoli	Sweetcorn	Peas
Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert	Dessert	Dessert	Dessert	Dessert
Frozen Yoghurt	Fruity Iced Sponge	Fruit Jelly	Carrot Cake	Rocket Ice Lolly
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Cream crackers
Cheese (dessert)	Cheese (dessert)	Cheese (dessert)	Cheese (dessert)	Cheese (dessert)
Butter portions	Butter portions	Butter portions	Butter portions	Butter portions

Monday	Tuesday	Wednesday	Thursday	Friday
Bread	Bread	Bread	Bread	Bread

Allergens

Beef Bolognese bake: **Celery, Cereals containing gluten**; Quorn Vegan Balls In a tomato Sauce: **Celery**; Pasta: **Cereals containing gluten**; Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Peas: **No allergens**; Baked Beans: **No allergens**; Fresh Fruit: **No allergens**; Frozen Yoghurt: **Milk**; Yoghurt: **Milk**; Cream crackers: **Cereals containing gluten**; Cheese (dessert): **Milk**; Butter portions: **Milk**; Bread: **Cereals containing gluten, Soya**; BBQ Chicken: **Mustard**; Quorn Vegetable Curry: **Celery, Eggs, Mustard**; Rice: **No allergens**; Green Beans: **No allergens**; Fruity Iced Sponge: **Cereals containing gluten, Eggs**; Roast chicken: **Celery**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Gravy: **No allergens**; Fresh Broccoli: **No allergens**; Fruit Jelly: **No allergens**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Quorn Dippers: **Cereals containing gluten**; Sweetcorn: **No allergens**; Carrot Cake: **Cereals containing gluten, Eggs**; Fish Fingers: **Cereals containing gluten, Fish**; Chips: **No allergens**; Cheese and Red Onion Quiche: **Celery, Cereals containing gluten, Eggs, Milk**