

## PE Overview- Years EYFS-6



### **Goldren Threads:**

- What parts of the body are being used?
- What equipment is needed?
- Am I being a good sport?

### **Lower School- A**

Autumn 1	Ball Skills (Year 2)
Autumn 2	Dance (Year 1)
Spring 1	Gymnastics (Year 2)
Spring 2	Invasion games (Year 2)
Summer 1	Atheltics (Year 2)
Summer 2	Striking and fielding (year 2)

### **Lower School- B**

Autumn 1	Ball Skills (Year 1)
Autumn 2	Invasion games (Year 1)
Spring 1	Gymnastics (Year 1)
Spring 2	Sending and receiving (Year 1)
Summer 1	Atheltics (Year 1)
Summer 2	Striking and fielding (year 1)

### **Middle School- A**

Autumn 1	Handball (Year 3/4)
Autumn 2	Dance (Year 3)
Spring 1	Swimming (Year 3/4)
Spring 2	Gymnastics (Year 4)
Summer 1	Athletics (Year 4)
Summer 2	Tennis (Year 4)

### **Middle School- B**

Autumn 1	Ball skills (Year 3/4)
Autumn 2	Hockey (Year 3/4)
Spring 1	Swimming (Year 3/4)
Spring 2	OAA (Year 3)
Summer 1	Athletics (Year 3)
Summer 2	Tennis (Year 3)

### **Upper School- A**

Autumn 1	Netball (Year 5/6)
Autumn 2	Dance (Year 5)
Spring 1	Badminton (Year 5/6)
Spring 2	Football (Year 5/6)
Summer 1	Athletics (Year 6)
Summer 2	Cricket (Year 5/6)

### **Upper School- B**

Autumn 1	Handball (Year 5/6)
Autumn 2	OAA (Year 5)
Spring 1	Gymnastics (Year 5)
Spring 2	Volleyball (Year 5/6)
Summer 1	Athletics (Year 5)
Summer 2	Rounders (Year 5/6)